



*Lanark, Leeds and Grenville
Healthy Communities Partnership*

Recreation Summit

Wednesday, November 16, 2011

Catholic District School Board of Eastern Ontario

Shalom

Acting justly...
Living peacefully...
Celebrating joyfully!



Promotion of Daily Physical Activity

Government funds allocated to the Catholic District School Board of Eastern Ontario were used for the following:

- Teacher and principal professional development
- One thousand dollars was allocated to each of our elementary schools to purchase resources (materials) for “DPA Kits” to support and enhance their DPA programs
- Print resources were purchased for each school to support and develop DPA programs.



DPA Kits: Material Resources

Cart to store all DPA resources	Pylons (smaller sizes)
Storage bins	Beach balls
Storage bags	Skipping ropes
Timers / stop watches	Equipment for asphalt games
CD players for classrooms	Fitness bands
Noodles	Hula hoops
Beanbags in different colours and shapes	Pinnies
Music and dance CDs	Rubber chickens
Print resources	Foam balls / disks
Yoga mats	Tennis balls



DPA Kits: Print Resources

Active Playgrounds	Jump2BFit Kit with Posters
Bang for Your Buck	Junkyard Sports
Dances Even I Would Do	Kids On The Ball
Everybody Move! Daily Vigorous P A	Mix, Match and Motivate: 107 Activities
50 Games with 50 Tennis Balls	6 Fit Kids Workouts (DVD)
Great Gator Games	65 Energy Blasts (DVD)
Oodles of Noodles	Zany Activities with Rubber Chickens
Canada Games Day	The Student Who Uses a Wheelchair (Binder)
Games for the Whole Child	The Student With an Intellectual Disability (Binder)
Tag, Tag and more Tag: Games for All Ages	



Print Resources



Shalom

Acting justly...
Living peacefully...
Celebrating joyfully!



Supports for Children in Need of Assistance to Access Sports / Recreation

The Good Samaritan Trust Fund

“The Good Samaritan Trust Fund was established in an effort to support those in our Catholic schools whose learning would be enhanced by the benefits it would provide, and in keeping with the mission of Jesus Christ, whose primary concern was for the poor and marginalized.

This fund targets the needs of students whose issues are not addressed by existing charity organizations.”

Shalom

Acting justly...
Living peacefully...
Celebrating joyfully!



Training / Supports for Teachers

- PD funding for teachers wishing to take Physical Education AQ courses, OPHEA courses, or attend Health and Physical Education conferences.
- Funds were made available to offset the cost of any such program up to \$200.00
- This funding was available to twenty teachers on a first-to-request basis.



Itinerant Teacher for DPA

- The Board created a position (Itinerant Teacher for DPA) and hired (reassigned) an experienced physical education teacher who went to every elementary school in the board for two or three consecutive days.
- During this time, she visited every class and modelled the use of the resource kit / cart to “build critical mass”

Shalom

Acting justly...
Living peacefully...
Celebrating joyfully!



Partnership with KidActive

- KidActive personnel came to each elementary school to facilitate a half day workshop in a Grade 4 classroom.
- Game tags were provided to each school
- Workshop connected the concepts of healthy bodies, healthy communities, and a healthy environment

Shalom

Acting justly...
Living peacefully...
Celebrating joyfully!