

Healthy Communities Partnership: Lanark Leeds and Grenville



HCP: Lanark, Leeds & Grenville

Vision:

Healthy people in Lanark, Leeds & Grenville, who live, learn, work and play in healthy communities.



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Who Are We?

Organizations, networks & individuals promoting health in 6 priority areas:



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PRIORITY AREAS

Physical Activity,
Sport & Recreation

Mental Well
Being/Resiliency

Healthy Eating

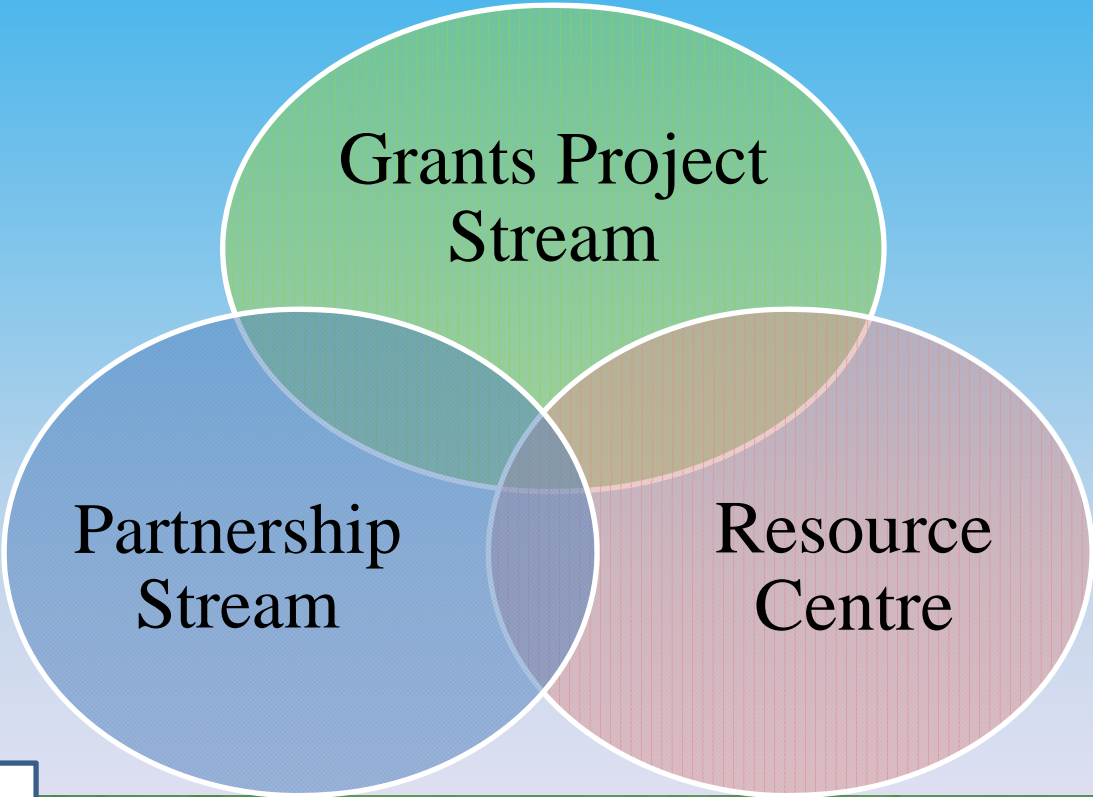
Tobacco Use/
Exposure Prev'n

Substance/Alcohol
Misuse Prev'n

Injury Prevention



MHP&S - Healthy Communities Fund



Grants Project Stream:

Provides funding to local and provincial organizations for projects in 6 priority areas.



HCF - Grants Stream: 2009/11

- Girls Inc of Upper Canada - \$48K
- Rideau Roundtable - \$50K
- Lanark BBBS – Healthy Choices - \$51K
- Children’s Mental Health L&G -\$100K
- Perth and District Food Bank and Friendship Centre - \$67K



HCF- Resource Stream

Build capacity of partnerships and communities by providing training and support



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What Do We Do?

- Identify priorities for policy development
- Support partnerships through training, networking and collaboration
- Assist in collaborative grant applications



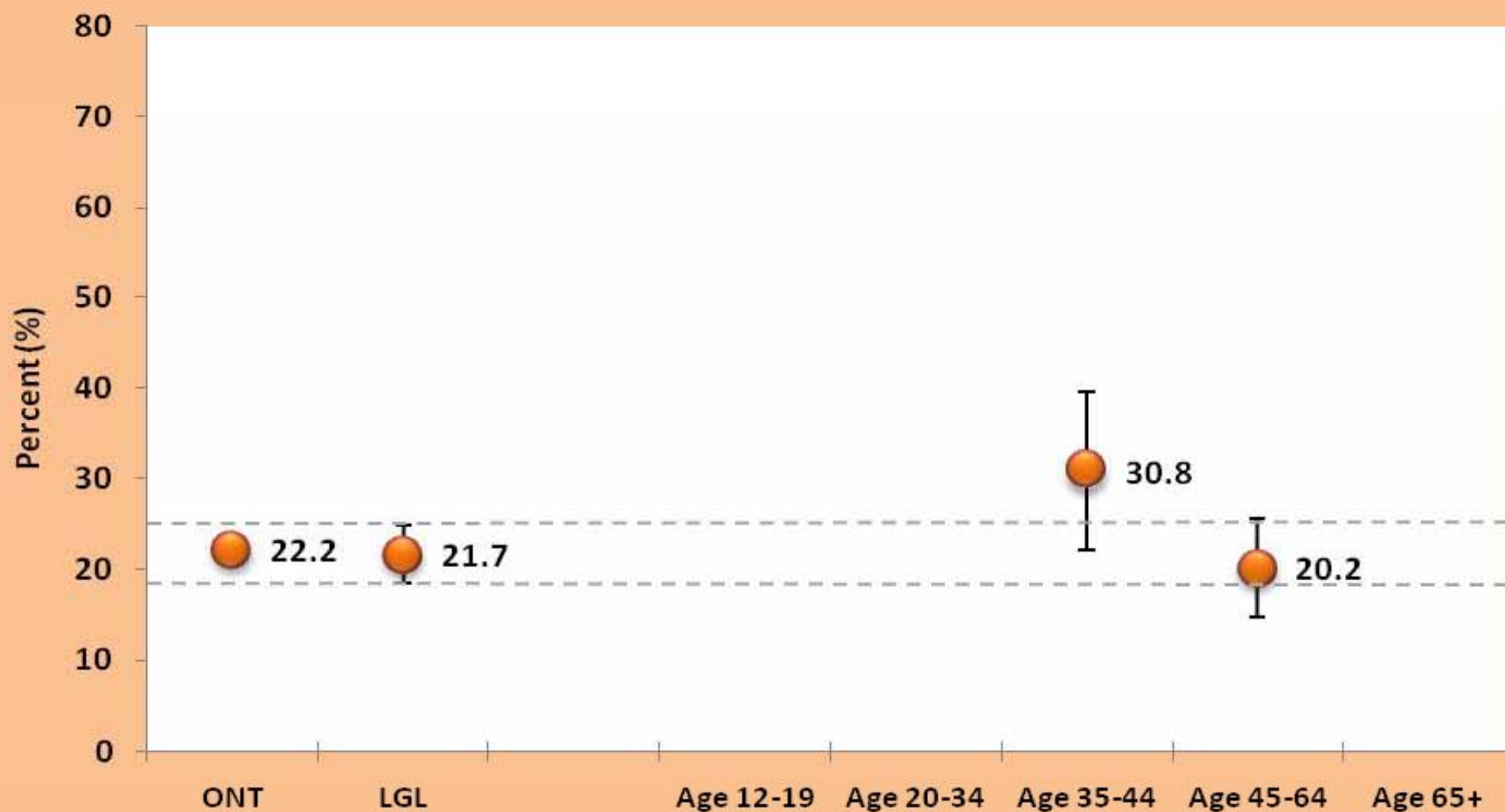


Mental Well Being and Resiliency

- Community Assessment Data

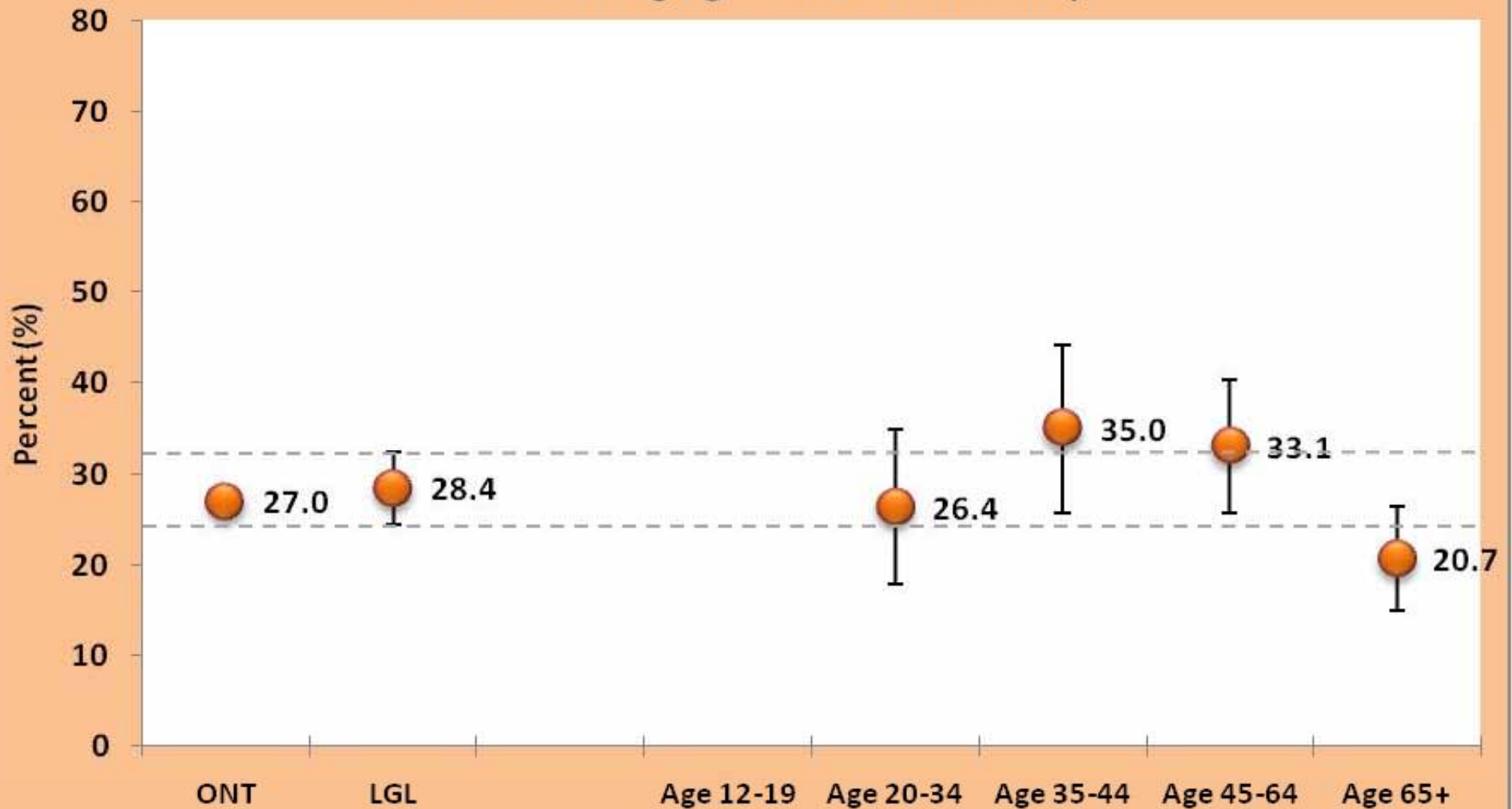


Percentage Reporting Having Quite a Bit of Extreme Life Stress



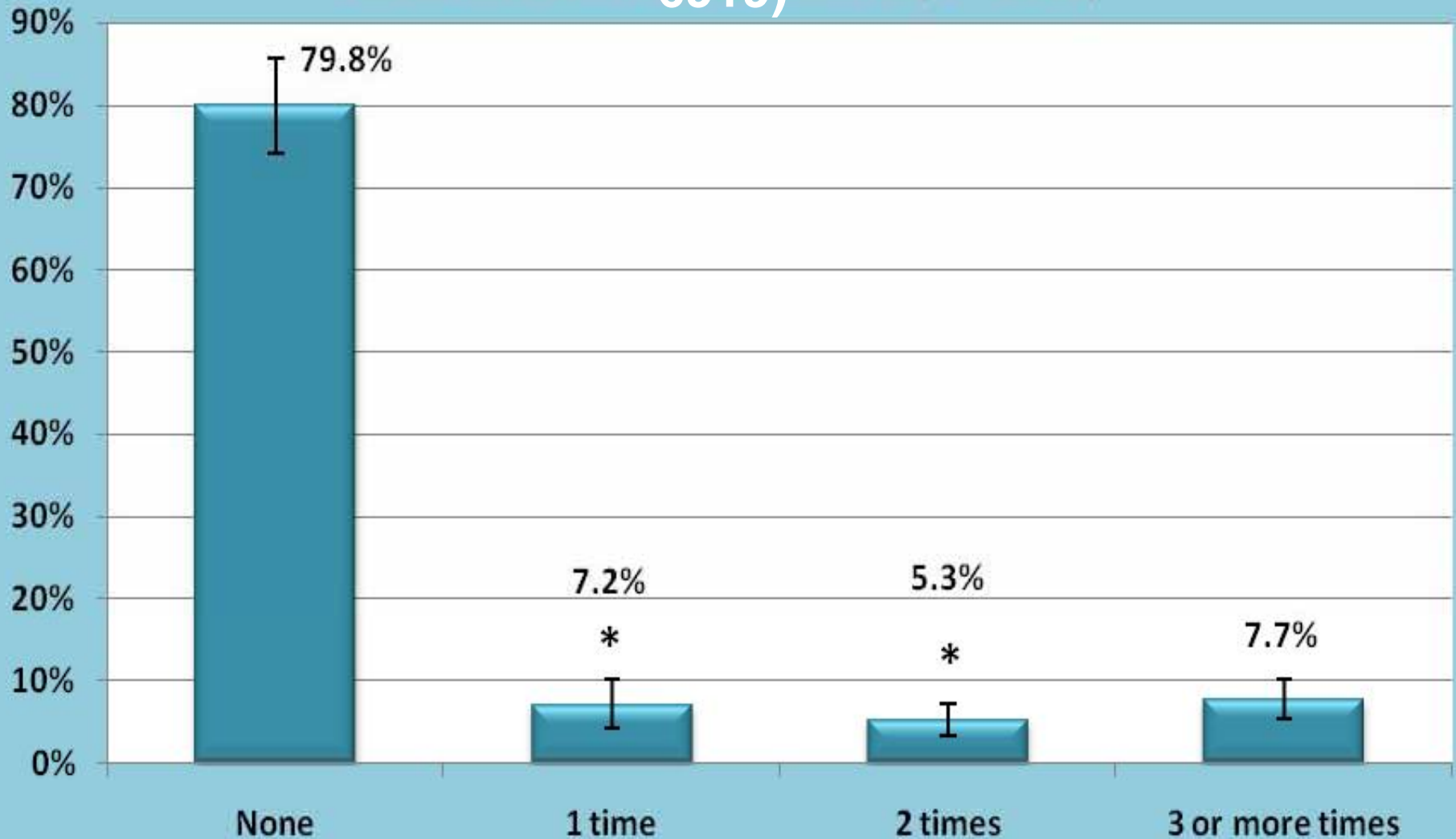
Source: Canadian Community Health Survey 2007/2008. Statistics Canada

Percentage Reporting Having a Somewhat Weak or Very Weak Sense of Belonging to their Community



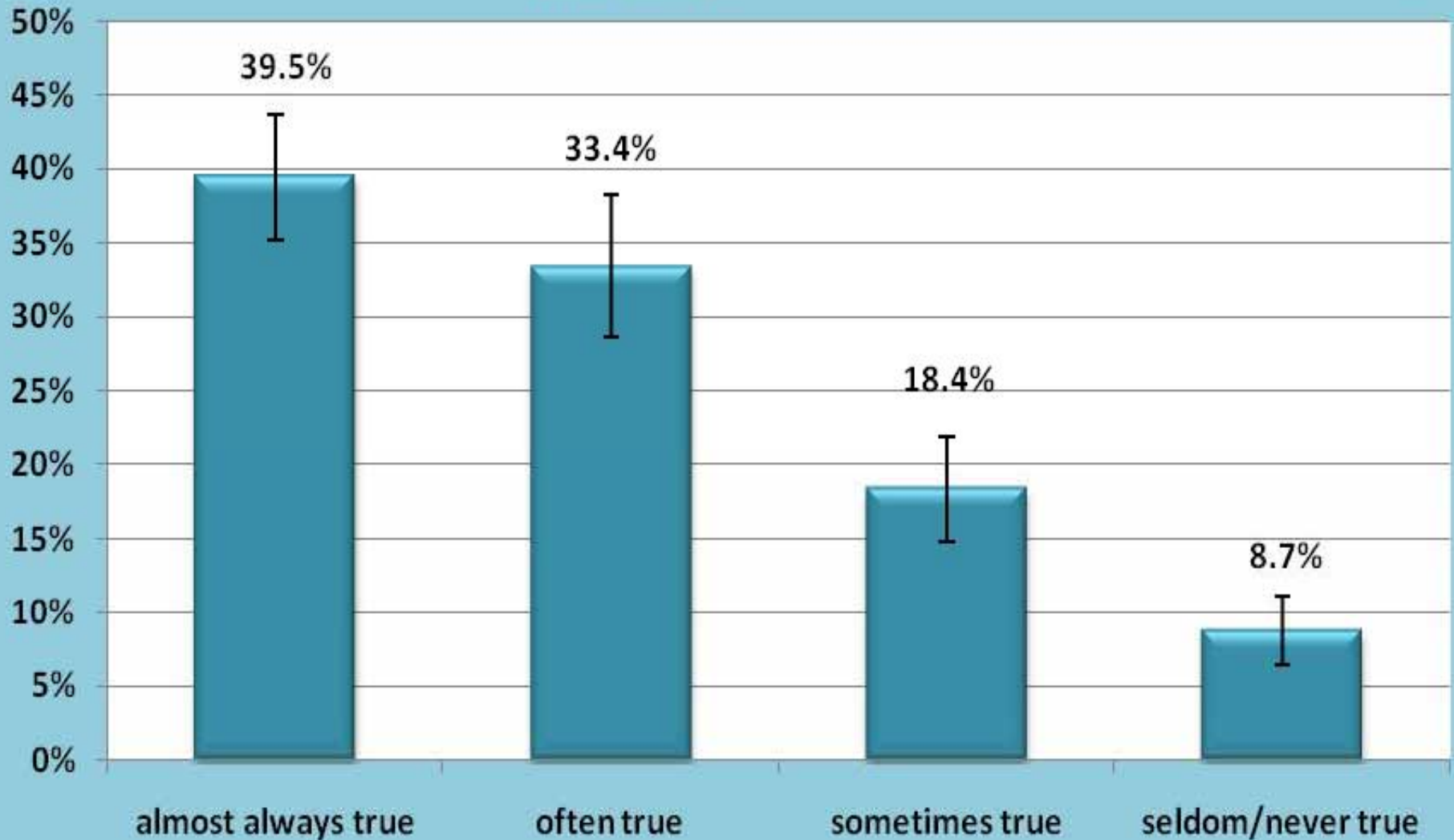
Source: Canadian Community Health Survey 2007/2008. Statistics Canada

Percentage Reporting Seeking Counseling for Mental/Emotional Health Issues in the Past 12-months (N = 6919)



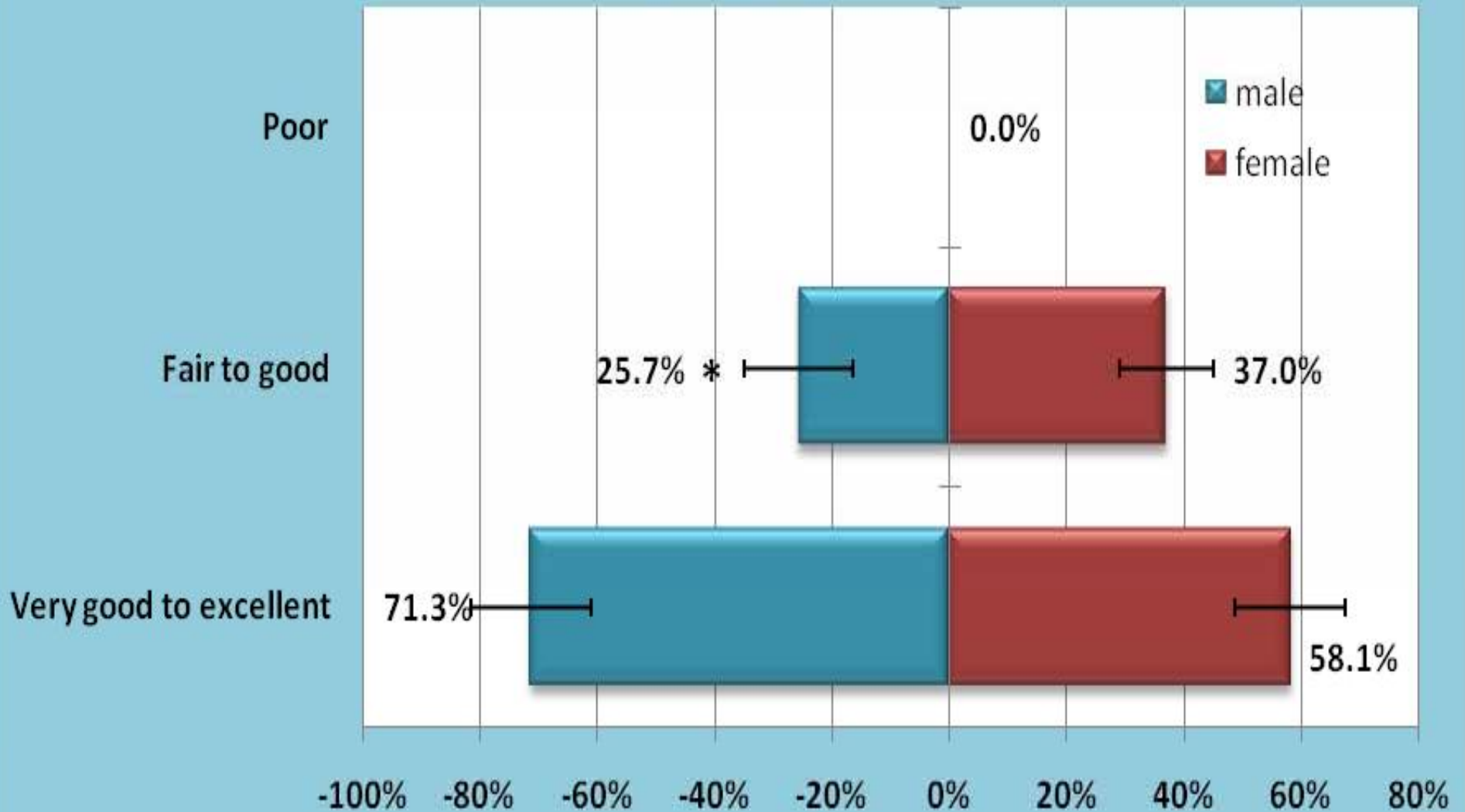
Source: Ontario Student Drug Use and Health Survey, CAMH 2009

Percentage Reporting Feeling Good About Themselves (N = 6845)



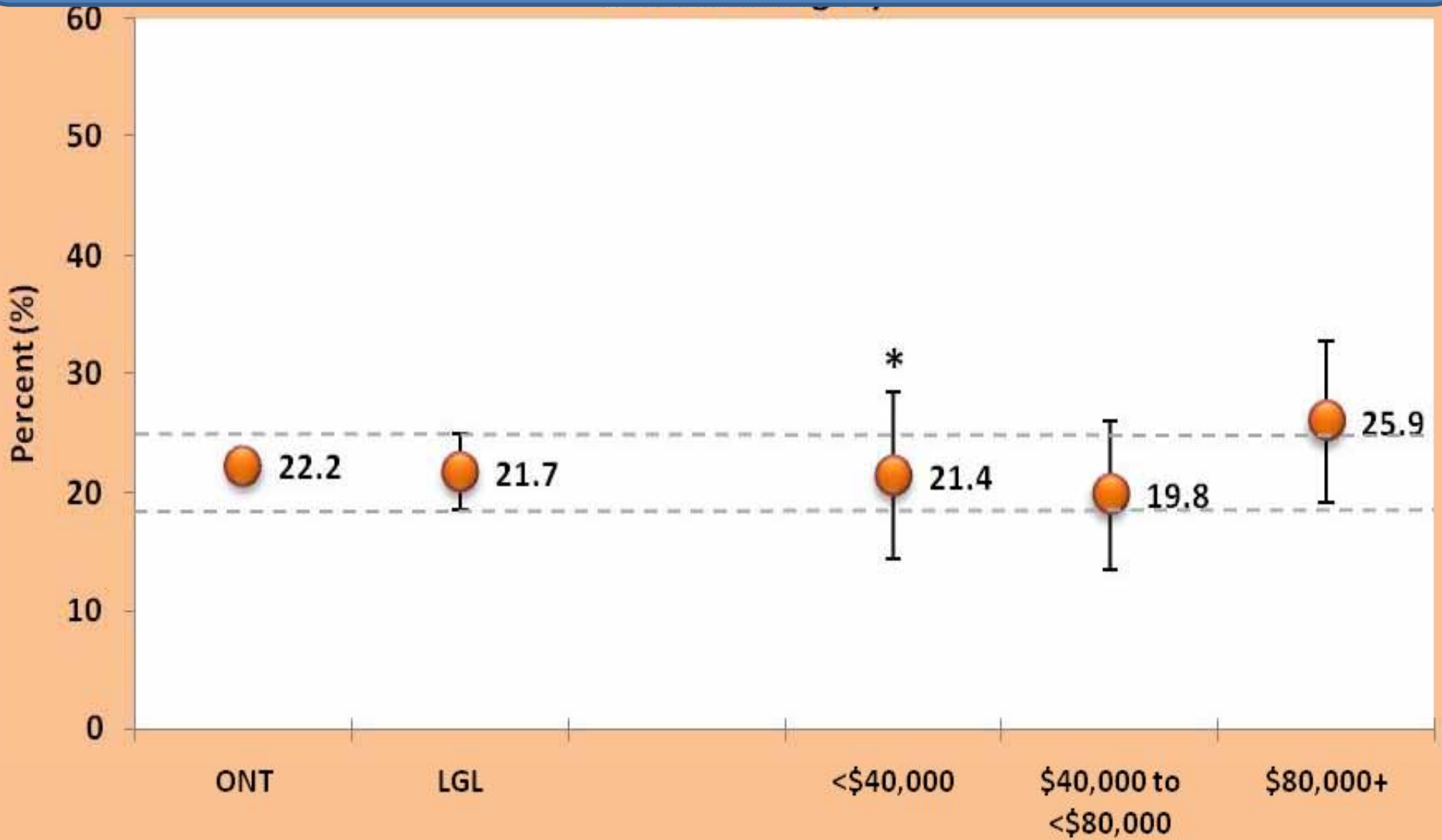
Source: Ontario Student Drug Use and Health Survey, CAMH 2009

Percentage Reporting Self-rated Mental/Emotional Health by Sex (N = 6894)



Source: Ontario Student Drug Use and Health Survey, CAMH 2009

Percentage Reporting Having Quite a Bit of Extreme Life Stress by Income Category



Source: Canadian Community Health Survey 2007/2008. Statistics Canada

Mental Well Being and Resiliency



- Community Consultation and Engagement



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#1 issue identified by
Community Focus Groups:

» Provide more mental health programs, supports and services for youth.



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Organizational Focus Groups:

- Mental Health: Services for youth in crisis (especially rural youth); suicide prevention strategies; and increased focus on prevention



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Recommended Actions:

- Foster environments that enhance community connectedness for children, teens, adults and seniors.
- Provide individuals/families/ communities with information and resources to help them maintain good mental health, recognize mental health challenges and get support



HCP: LLG **Current Priorities**

- Create and promote a Healthy Community Charter
- Foster policies that promote Mental Well Being and Resiliency and access to Physical Activity, Sport and Recreation
- Facilitate coordinated planning, action and policy development in all 6 priority areas



HCP: LLG MWB & R Constellation

Responsibilities:

- Healthy Community Charter
- MWB & R policy direction



HCP: LLG MWB & R Constellation

Advantages:

- Community Researcher
- \$ for media campaign
- \$ for community event
- Access to HC Consortium services
- Opportunity to guide and direct this work



The real winner:

OUR COMMUNITIES!!!!

