

Cory Hanna

Cory is an active father of 4 who spends much of his time at ball parks and hockey rinks. He is a Personal Trainer Specialist through CanFitPro and also holds his Seniors Fitness Certification through Canadian Centre for Activity and Aging of Western University.

Cory is a certified Personality Dimensions Instructor which deals with assessing characteristic/personality traits of individuals and groups through a simple 'colours' analysis.

His 'full time' job is as a Senior Business Consultant at BizXcel Inc. in Brockville, ON

Welcome Cory