



RURAL RECREATION ASSOCIATION
Spring Event
Innovation and Entrepreneurship in Recreation
AGENDA
Thursday March 23rd 2017

- 9:00 Registration and Refreshments
- 9:30 Welcome and Introductory Remarks – RRA and Reeve
- 9:35 “It Takes a Community...” – Dr Paula Stewart, Medical Officer of Health, LGLD Health Unit
- 9:50 Nature 4 Life video
- 10:05 “Having Your Hobby Pay For Itself” – Steve Tripp, Wilderness Instructor, Wilderness Tripping
- 10:20 “The Benefits of Functional Conditioning” – Chris Burgess – Trainer, Armory Strength
Yoga Builds Community – Brenna Bellhouse, Yogipreneur, Inner Revolution
- 10:45 Outdoor activities, weather permitting, otherwise on indoor turf / Break
Activities
1. Outdoor/off season training, Chris Burgess, Trainer, Armory Strength
 2. Geocaching, Tammy Hurlbert, Recreation Coordinator, Municipality of North Grenville
 3. Kangoo Club by Kylie, Kylie Malanka
- 11:30 Panel:
1. Geocaching – Tammy Hurlbert , Recreation Coordinator, Municipality of North Grenville
 2. Interactive trails – Catherine Orfald, conexdesign
 3. MAPsacks – Vicki Stevenson, Programs, Rideau Lakes Public Library
 4. Recreation lending library – Kim Goodman, Recreation & Facilities Coordinator, Township of Leeds and Thousand Islands
- 12:30 Lunch
- 12:45 Draw prizes

Upcoming dates:

1. High Five training Saturday June 3rd 2017, Cost \$85. Register by contacting Cassandra McGregor, Beckwith Township, cmcgregor@twp.beckwith.on.ca
2. Recreation Summit Thursday November 2nd 2017
3. The RRA executive would like to hear from you about your experiences in using School facilities and their processes. We plan on compiling the information and make a presentation to the Minister of Education at the AMO to be held in Ottawa. We wish this partnership to work efficiently for both parties. What are some challenges when trying to use the schools for recreation? We would like to hear your stories – the good and the challenges; also if you have any suggestions for solutions. Please send to rra@healthunit.org by end of March.