



Healthy Communities Partnership

Stewardship Committee

Date: July 13, 2011

Time: 09:30 AM

**Location: Health Unit Office
25 Johnston St. SMITHS FALLS
MINUTES**

Present: Paula Stewart, Mona Wynn (co-chairs) Lois Dewey, Lorraine Allan, Jane Torrance, Beth Collins, Margaret Fancy, Sharon Proulx, Carole Chang, Suzanne Rivard, Richard Kidd, Keith McPhee, Elaine Mallory

Regrets: Thy Dinh, Leanne Waddell, Bonnie Schnittker, Sandra Devaney

1. Refreshments and Networking:
2. Welcome and Introductions: Welcome to Sharon Proulx who is replacing Susan Hreljac.
3. Approval/Additions to Agenda: Approved as circulated. Paula gathered input and identified items of higher and lower priority to determine order of agenda items.
4. Approval of previous minutes – June 22, 2011: Approved as circulated –

ACTION: As some members have not had the opportunity to review the minutes prior to the meeting, they will review and send any revisions or omissions to Lois by July 20th.

5. Action Items/Business Arising (under 6) All ACTION items completed except Suzanne Rivard to contact Brenda Whitehurst - deferred

6. Working Groups:

6.1. HCP: LLG Brochure/Info Card - Deferred

6.2. Network/Stakeholder identification:

6.2.1. Report from working group: Jane Torrance

Purpose: To identify local stakeholders for PAS&R and MWB&R

Network working group recommends:

1) MWBR: that the newly formed group, Mental Health Initiative, led by Kevin Kapler, be approached to form the MWBR constellation. The SSLI (Student Support Leadership Initiative) may also be considered for constellation formation.

2) PASR: that the Stewardship Group call together all municipal sport and recreation department representatives. the purpose of this gathering will be to: provide an opportunity to discuss common assets and challenges, to identify ways of working together, to identify issues common to municipalities such as: inclusion, accessibility, input on development plans (subdivisions, fees), to set policy direction, and to share best practice. The expectation is that this group will continue to meet, will identify ways of

working together, existing policies, best practice. Anticipate that this group may divide by county. Recommendations for presentations at this gathering: HCP backgrounder, training on policy, Susan Dunfield on Play Works/Making Play Possible, Richard Kidd on municipal development of S & R, YMCA and/or Boys and Girls clubs on policy development to support PA.

Discussion:

- If recreation people were invited, need a guest speaker to entice participation to develop policy.
- Parks and Recreation Ontario (PRO) has workshop that goes on the road. We would like a presentation on 'Play Works' – includes recreation as well as physical activity. Program presents a problem, and then the community finds the solution with the help of volunteers at different organizations, e.g. churches, recreation groups, Rideau Lakes Initiative.
- Do we plan on Physical Activity Day/Forum in Fall , as recommended at March event? Bring in PRO and representative from Rideau Lakes (Peer Learning Event)
- This would be an opportunity to introduce and promote the charter.
- Opportunity to seek input on HC Charter indicators.
- Need to link Healthy Eating to PASR.

ACTION: Lois to send out link to Play Works program.

http://www.prontario.org/index.php?ci_id=3349

ACTION: Margaret to forward copy of Affordable Access to Recreation program to Lois for distribution. http://www.prontario.org/index.php/ci_id/3681.htm (Policy Framework)

http://www.prontario.org/index.php/ci_id/3721.htm (Policy Development and Implementation Guide)

ACTION: Suzanne, Jane, Lorraine, Margaret & Richard will plan this event.

Goal is to identify the stars to make up the constellation and the many constellations make up the galaxy.

7. Constellations:

Report from Healthy Community Charter – Suzanne Rivard, chair

Decided to forego designation of 'bronze, silver and gold', as this may discourage some municipalities – will use icons. Examples:



Education
health



Economic



History



local food



natural



recreation



social



Spiritual

Suzanne and group developed the following:

Vision / Goal:

Healthy Communities exist where we live, learn work and play.

Healthy Communities promote well being, physical and mental health, prevent disease improve social connectedness and quality of life, provide economic benefits and contribute to sustainability.

Municipal Declaration: We will make it possible for all (Name Municipality) residents to live in a Healthier Community by working with our community to embrace principles and adopt practices to help create a culture of health, through our commitment to this charter and the strategic priority areas of:

Physical Activity Sport and Recreation

Tobacco Use/Exposure,

Injury Prevention

Healthy Eating

Mental Well-being and Resiliency

Substance and Alcohol Misuse

Option of other to be adapted as well to include things such as environment

Discussion:

- Need to make the charter as comprehensive and also simple as possible.
- Will ask municipality to establish a Healthy Community committee. They will complete an inventory of indicators for all 6 priority areas.
- The icons will represent all six areas.
- Semi-annual meeting of all Municipal Healthy Community committees - to share and grow.
- Challenges of tailoring charter to be applicable to the different communities, as we have cities, towns and municipalities with different resources/ population densities. Perhaps set up ranking by population and availability of resources.
- Possibility of applying for a Trillium Grant to expand Healthy Community Charter provincially.

7.1. Mental Well Being and Resiliency:

7.1.1. Report on meeting of Mental Health Initiative – Lois

Kevin Kapler called Mental Health Initiative (MHI) meeting of stakeholders together with representatives from: Upper Canada School Board, Catholic District School Board, Children’s Mental Health (L, L&G), Every Kid, Safe Communities, Lanark Planning Council and Our Communities Care, and Canadian Mental Health Association. They recognized the general difficulty of differentiating between mental health and mental well being and resiliency. Meeting again in September when they would like to broaden and invite more stake holders. MHI expressed an interest in developing an education campaign re: Mental Well Being.

Discussion:

- Potential of MHI developing into MWBR constellation
- Community Researcher could assist this group.
- Respect the fact that the needs are different between Leeds & Grenville and the County of Lanark.
- Consensus – Lois will discuss possibility of MHI linking with HCP: LLG and forming the MWBR constellation.

ACTION: Lois to share the list of mental well being stakeholders with Kevin Kapler

ACTION: Lois to continue to sit on the Mental Health Initiative Group

ACTION: Lois will present possibility of MHI forming MWBR constellation to Kevin Kapler, and if agreeable, at September meeting.

7.2. RFP for facilitator/consultant:

- RFP discussed and revised.

ACTION: Lois will complete revisions and send to Paula/Mona for final review.

7.3. Next steps: Deferred

8. STRETCH BREAK:

9. Stewardship Group: Deferred

9.1. Purpose: How do we guide the project and support and connect constellations? (30 second elevator version)

9.2. Responsibilities

9.3. Membership

9.4. Commitment

9.5. Orientation

9.6. Francophone representative

10. Workshops: Deferred

10.1. Policy Development and Implementation

10.2. Use of social media

10.3. Becoming a Successful Grant Applicant

11. Report from working group re: Partner Training Fund (Lois) Deferred

12. Partner Round Table: Deferred

13. Coordinator's Report and Ministry Update: Deferred

14. Time and Date of next meeting: August 10, 2011 – 9:30 AM
LD/pd