



Healthy Communities Partnership
Stewardship Committee
Date: September 14 2011
Time: 09:30 AM
Location: Health Unit Office
25 Johnston St. SMITHS FALLS
Minutes

Present: Mona Wynn, Dr. Paula Stewart, (co-chairs), Lois Dewey, Suzanne Rivard, Keith McPhee, Beth Collins, Elaine Mallory, Paula Davio

Regrets: Margaret Fancy, Jane Torrance, Lorraine Allen, Carole Chang

1. Welcome and Introductions: Dr Paula welcomed all
2. Approval/Additions to Agenda: Approved with a change of order. 8.1 to be done first.
3. Approval of previous minutes – August 10, 2011 Approved as circulated
4. Action Items/Business Arising 5.1 Brochure has been created and ready for approval
 - Brochure is approved
 - Decision to print 500 copies and distribute to principals, EKIOC, LPCCY, municipalities, at recreation summit, Stewardship group members, CHC's and other agencies we wish to engage

ACTION: Lois to make list of people to receive copies/distribute as indicated and also send it to be posted on the website.

5. Working Groups::
 - 5.1. Community Researcher – work plan
 - On hold until we find out the funding aspect.
 - 5.2. HCP: LLG Brochure/Info Card: review and distribution plan - complete
 - 5.3. Newsletter: HCP Bulletin or Brief – email to HCP contact list members – frequency – quarterly - Content: update on the working groups, stewardship group, upcoming Recreation summit, promote website - could be simple electronic version
Communication is key strategy to keeping HCP fresh in partner's minds.

ACTION: Lois and Mona to develop bulletin.

6. STRETCH BREAK:

7. Constellations:

- 7.1. Healthy Community Charter:

- Reviewed items discussed at previous meeting – active/passive recreation, concern with confusion over the definition – agreed suitable for use in HC Charter, but not at Recreation summit
- Discussion of evaluation: outcome indicators and process indicators
- Plan to hold a separate meeting to clarify 'Definitions' - meeting date to be set
- Discussed implications of potential reduced or no funding to support hire of community researcher – impact on scope of charter – possibly: down to a basic inventory tool for municipalities, could be rolled out topic by topic.
- Suggestion to contact Lucie Lévesque at Queen's U – she is prof looking for projects for Master's students – perhaps either an evaluation plan or development of a data base

ACTION: Suzanne to send Lois contact information for Ms Levesque

ACTION: Lois to send a meeting request to charter working group members to discuss proposal for student support.

7.2. Mental Well Being and Resiliency:

- Lois attended meeting of the mental health initiative
- Kevin Kapler shared about the new provincial funding – Children's Mental Health, L&G will receive 3 new positions – 2 to increase capacity and decrease wait time and 1 is designated to schools
- Lois presented on HCP and the advantages/responsibilities of becoming the MWBR constellation - agreed to take on the role.
- Interested in putting on a community forum.
- Also showed interest in a media campaign.
- Discussion: if no/reduced funding received from MHPS, could apply to HCP Fund for community forum and media campaign.

7.3. Physical Activity, Sport and Recreation

- Recreation Summit – discussion of agenda
- Purpose of the day, bring Physical Activity, Sport and Recreation stakeholders together for the opportunity to learn collaborate and share recommended practices. People should go away with a clear definition of Recreation.
- Bring Parks and Recreation Ontario they bring a strong message and have excellent contacts.
- At 11:00 suggested small groups by Geography – Worksheets to be developed for small groups –(e.g. What needs to be done to move forward?) Worksheet content - referred back to working group for discussion at the next meeting.
- At 11:30 - recommend inviting more than one school board - Discussion of how to use school facilities, after school programs, user fees and not for profit activities that promote physical activity.

ACTION: Lois to draft letter to all school boards to invite their participation and Dr. Paula to send it off.

- Suggestion: Have a sheet created with the questions and have participants jot down notes during the day. (e.g. Would you be willing to work on improving physical activity and recreation opportunities in your area?)
- At 1:00 pm panel presentation – Purpose – to inform audience of examples of successful community initiatives - Need to develop guiding parameters for

speakers – how did you get started? Who is involved? What were your major successes/challenges?.

- Discussion of paper buffet.
- Discussion of who to invite - reviewed list of invitees: Municipal Rec and Culture –directors, Health promoters/CHC's, Municipal councilors, Municipal and County CAO's, Health Unit – Health Promotion and Family Health , School boards, Lanark Planning Council, for Children & Youth, Service Clubs, EKIOC, Trails: LCMTC & FABR, Osteoporosis, TYPs, Miss Mills and Brockville cycles, ASK, Nature Works, Rideau Round Table, Arts for Health and Life, Perth Friendship Centre, Rideau Valley Boots and Baskets, S.A.I.L.

ACTION: All members to forward names and contacts of others they would like to receive an invitation, or to forward information to their contacts themselves

- Discussion of hosting this event if no funding from MHPS – LGL Health Unit has agreed to sponsor the speakers (Dr. Pipe and PRO), the facility and the morning snack. Discussion on lunch – brown bag/go out/cost recovery

ACTION: this group supports cost recovery (\$10) for lunch - the Rec'n summit working group to decide how to go about doing this.

8. Ministry:

8.1. Update and implications:

- Decision: to continue even if there is no funding
- Email was received 2 weeks ago with a promise of news last week, but still nothing has been announced.
- Discussion of implications:
 - Plan A we get the full amount
 - B we get part of the money
 - C we would modify what we are able to do without funding. Cut back. If C, we are not bound to focus on policy
- Discussion of applying for Trillium Grant (information day to be held next Tuesday here in Smiths Falls) Deadline for next round of applications to Trillium is November 1st.
- This is only one of many venues to apply for funding. Spark Advocacy Fund is also a possibility.

ACTION: Lois to identify potential sources of funding. Start looking within our area.

- Individual members can initiate funding for the partnership
- This may broaden the scope of the partnership's reach.

9. Partner Round Table:

Heart and Stroke : Speaking points and approach for October 6th Provincial Election. - www.healthycandidates.ca where you can challenge candidates to promote health promotion

- Large voter interest - many candidates have signed up and promised to promote the need for funding in Health Promotion, Mona mentioned - all Candidates meeting in Carleton Place - Tuesday the 22nd. 30 Bennett street - focus is poverty "put poverty on the agenda" to wipe out poverty. Registration is necessary.
- Officially now called Heart and Stroke Foundation of Canada

- Received \$10 Million for a registry and defibrillators
- Spark Grant applications are due October 1st.
- OCDPA – Healthy Ontario
Suzanne Rivard: “Sustaining What We Value’, will be launched October 1st.
- Kevin: Every Kid in Our Community Priority Setting day facilitated by Erik Lockhart - Queen’s School of Business – excellent process - day focused on working together to change the future for our kids.
- Mona: Student support leadership initiative, piloting in Smiths Falls, at St. James, they have a kitchen and workshop, looking to open up the school to community activities. Looking to access funding to build a green house.
 - CHC is doing strategic planning exercise - has a requirement to produce a needs assessment.
 - Trying to adjust focus to priority population
- Bonnie: H Unit Community Team: Municipal Drug Strategy Network day on Friday, campaign on Stigma
- Dr. Stewart – Health Unit - strategic planning and reorganization, to reorganize by Community Teams rather than programs.

10. Time and Date of next meeting: Next meeting October 12, 2011

LD/pd