

Frontenac Arch
Biosphere



The Frontenac Arch Biosphere Network

Our Grow Grant Story



An agency of the Government of Ontario
Un organisme du gouvernement de l'Ontario

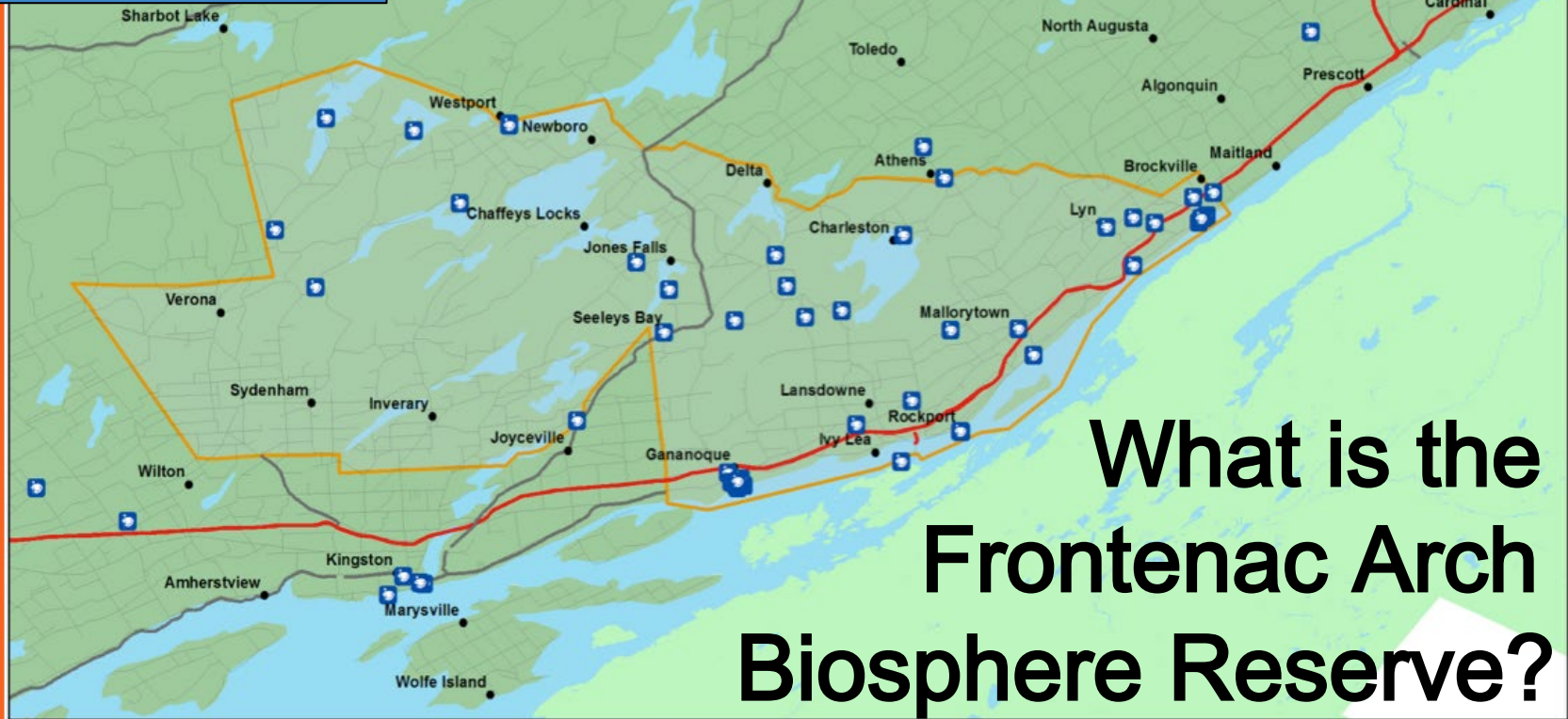
by Kelly McGann, FAB Nature Camp Program Manager



..... Canadian
Biosphere
Reserves Association

..... Association
canadienne des
réserves de la
biosphère

Member / membre



What is the Frontenac Arch Biosphere Reserve?

Who is FABN?

The Frontenac Arch Biosphere Network is a **Not-for-Profit** organization, governed by a volunteer Board of Directors.



→ Mission

To implement the UNESCO Man and the Biosphere programme to improve relationships between people and their environments.

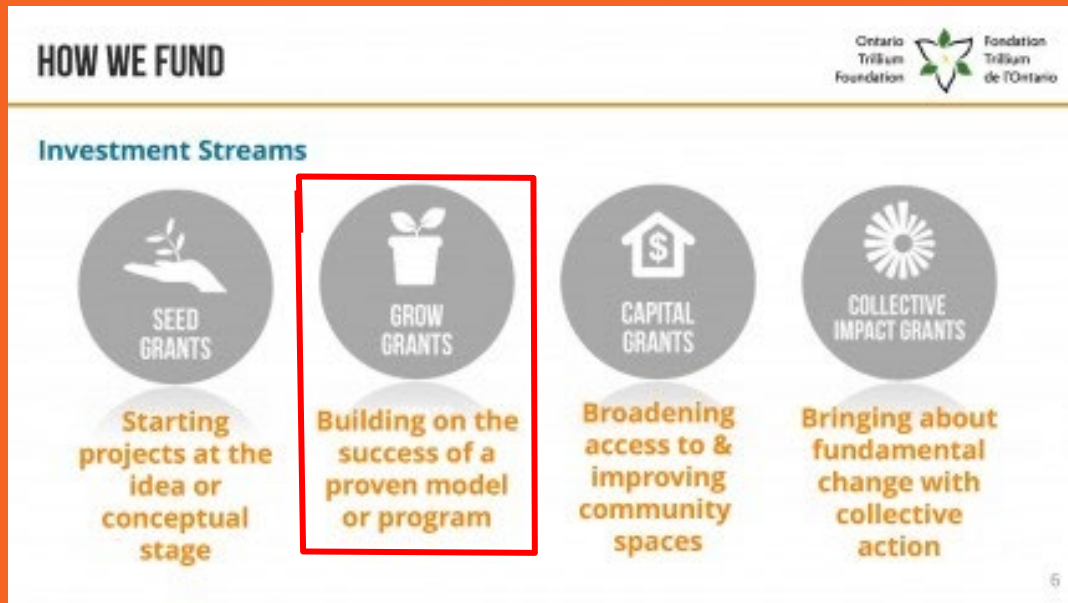
→ Man and the Biosphere Programme (MAB)

MAB combines the natural and social sciences, economics and education to improve human livelihoods and the equitable sharing of benefits, and to safeguard natural and managed ecosystems, thus promoting innovative approaches to economic development that are socially and culturally appropriate, and environmentally sustainable.

→ Vision

The Frontenac Arch Biosphere Network contributes to strengthening sustainable community development, celebrating the interconnectedness of nature, livelihood, well-being and culture, for this and future generations.

The Ontario Trillium Foundation



Tips

OTF offers free webinars and application coaching, to ensure that you are applying for the stream that suits your project the best.



Fostering more active lifestyles.



Being inclusive and engaging communities together.



Enriching people's lives through art, culture, and heritage.



Enhancing people's economic wellbeing.



Supporting the positive development of children and youth.



Our Grant Result:

Encouraging people to support a healthy and sustainable environment.

→ What

Appreciating and honouring nature, making more sustainable lifestyle choices, reducing ecological impacts and safeguarding and restoring our ecosystems.

- ◆ Place-Based, Nature-Based, and Play-Based Approaches

→ Who

Multigenerational Approach.

Project Type 2: Scale-Up

- Evidence showing an existing program has been successful
 - Letters of Support
 - Testimonials from Campers and Parents
 - Registration Data
 - Research - Nature Deficit Disorder and benefits of Nature Connection
- Increase the reach of an **existing program**
 - FAB Nature Camps chose to expand into 2 new geographical locations, within the FABR

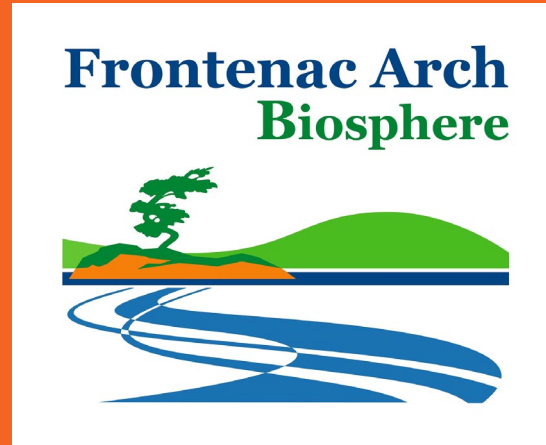


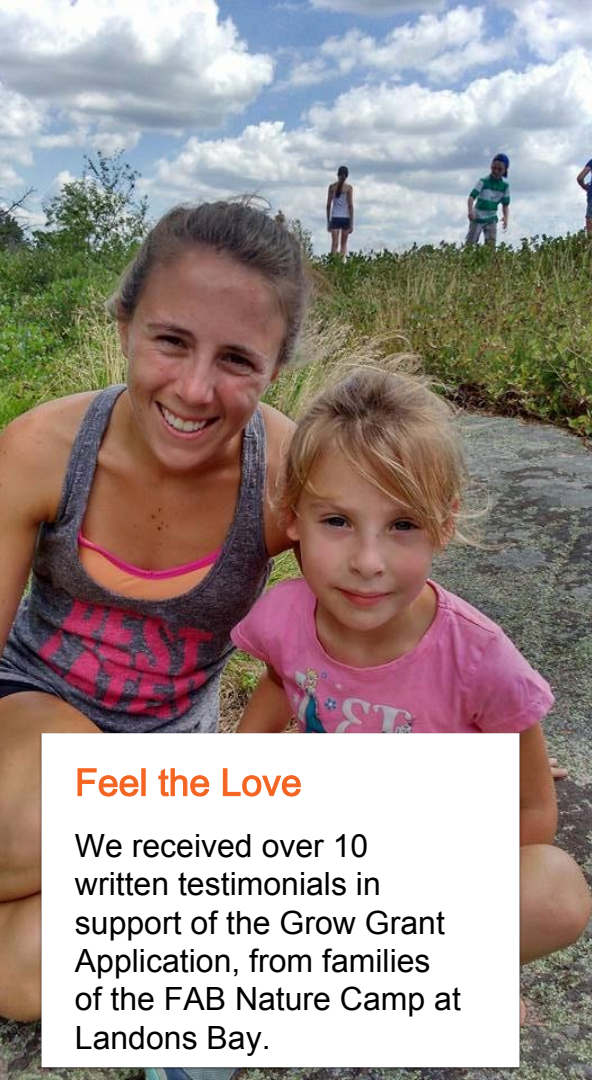
FAB Nature Camp at Landons Bay

Established in 2003 by a charitable organization - the Frontenac Arch Biosphere Foundation.

Letters of Support:

Partnership Development





Feel the Love

We received over 10 written testimonials in support of the Grow Grant Application, from families of the FAB Nature Camp at Landons Bay.

What people are saying:

“This will be our 3rd summer sending our kids to the Landons Bay Nature Camp. Each year the kids ask to increase their time there, which speaks for itself!”

“This is truly a wonderful program for children. It will teach you to love the outdoors and you will learn so much while having a great time!”

“Parents can be sure their child is safe and well looked after by the Nature Camp team.”

“The camp is an opportunity that both my husband and I both wish would have been available when we were kids.”

Data Collection

The FAB Nature Camp at Landons Bay has offered 8 independently themed weeks of Summer Camp, for the last 16 years. Over the last 5 years, they have experienced low turnover in staff and full registration.

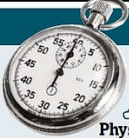
This year (2019) they had wait lists for almost all 8 weeks.

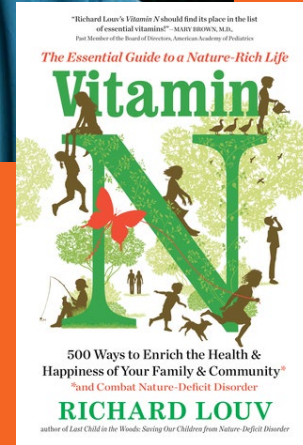
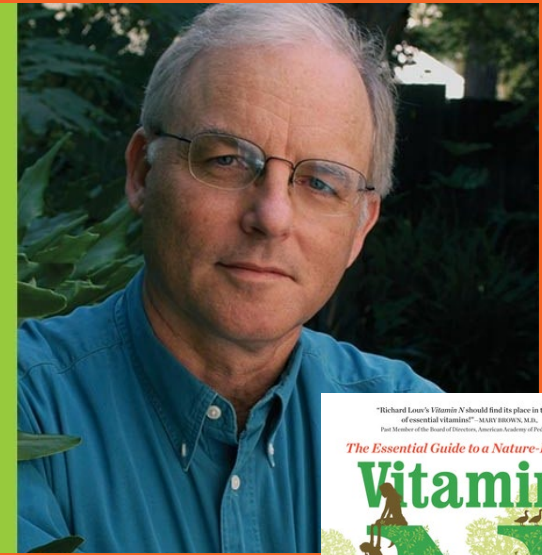
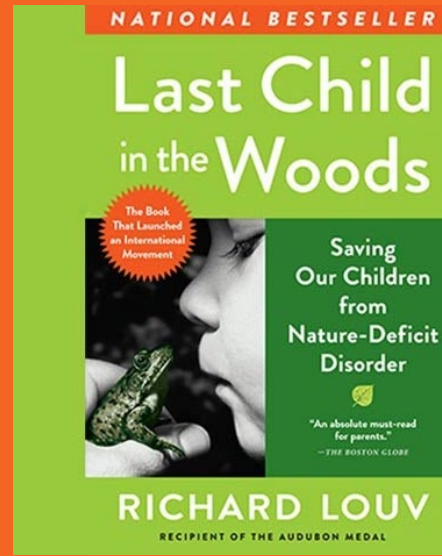
Set Real Expectations

It has taken many years and lots of energy to build this program. Our initial goal was to run only 4 weeks in the first year of the grants, 6 in the 2nd year, and 8 in the final year.



Research: Supporting Your Grant Result

THE RECOMMENDATIONS			
			
Physical activity	Screen time	Quality sleep	
Up to one year old	At least 30 mins In 24 hours	None	14-17 hrs (12-16 hrs for over 4 months)
One to two	At least 3 hours	None (1 hr max for 2-year-olds)	11-14 hours
Three to four	At least 3 hours	No more than 1 hour	10-13 hours



WE NEED TO
TALK ABOUT
CHILDREN'S
MENTAL
HEALTH...



Developing Great Lakes Literacy and
Stewardship through a Nonformal
Science Education Camp
* by the Universities Council on
Water Resources (2015)



Increasing our Reach

- Two new Nature Camp locations
- PA Day Nature Camps
- March Break Nature Camps
- Multigenerational Opportunities
- School Groups



Where are we today with our goals?

3 - FAB Nature Camps

PA Day and March Break Nature Camps

Weekend experiences for the family

School outreach into the classroom and onsite

Growing network of collaborating partners



Get outside and explore curiosities!

FAB Nature Camp at Kendrick's Park

Collaborating Partners:

*Township of Leeds and the Thousand Islands * Lower Beverley Lake Association * Parks Canada * Sandy Pines Wildlife Centre * Bee Happy Apiary * Reptile and Amphibian Advocacy * Save the Frogs * Canadian Raptor Conservancy * Ontario Turtle Conservation Centre * Leeds-Grenville Stewardship Council * St. Luke's * Seeley's Bay Chamber of Commerce, and many more!



FAB Nature Camp at Mac Johnson

Collaborating Partners:

*Township of Elizabethtown-Kitley
*Cataraqui Region Conservation
Authority * Parks Canada * Sandy
Pines Wildlife Centre * Charleston
Lake Provincial Park * Reptile and
Amphibian Advocacy * Save the Frogs
* Friends of Mac Johnson * Leeds-
Grenville Stewardship Council and
many more!



PA Days and March Break Camps



Weekend Events



CBC4Kids 2018



Turtle Nest Protector Box Workshop



Canadian Raptor Conservancy



Gananoque
Santa Claus
Parade
2018