



Healthy Communities Partnership: Lanark Leeds and Grenville



HCP: Lanark, Leeds & Grenville Who Are We?

Organizations, networks & individuals
promoting health in 6 priority areas:

PHYSICAL
ACTIVITY

HEALTHY EATING

MENTAL WELL
BEING

ALCOHOL &
SUBSTANCE
MISUSE PREV'N

INJURY
PREVENTION

TOBACCO USE
PREV'N



Stewardship Committee

**Heart & Stroke
EKIOC
Can Cancer Society
UCDSB
Country Roads CHC
Municipal Government**

**Municipal Staff
FoodCore LGL
YMCA
LGL Health Unit**



Major Initiatives

- Community consultation
- Key initiatives
 - Healthy Community Vision Project
 - Rural Recreation Association
 - School Travel Planning
 - Recreation Accessibility and Inclusion
 - Foodcorelgl (Community Food Charter)



Healthy Community Vision:

Healthy people in
Lanark, Leeds &
Grenville, who live,
learn, work and play in
healthy communities.



Healthy Community Vision (cont'd)

- All community members have the opportunity to make the choices that enables them to live a healthy life, regardless of income, education, or ability.
- Healthy community environments promote well being and quality of life and contribute to integrated community sustainability.



Healthy Community Vision

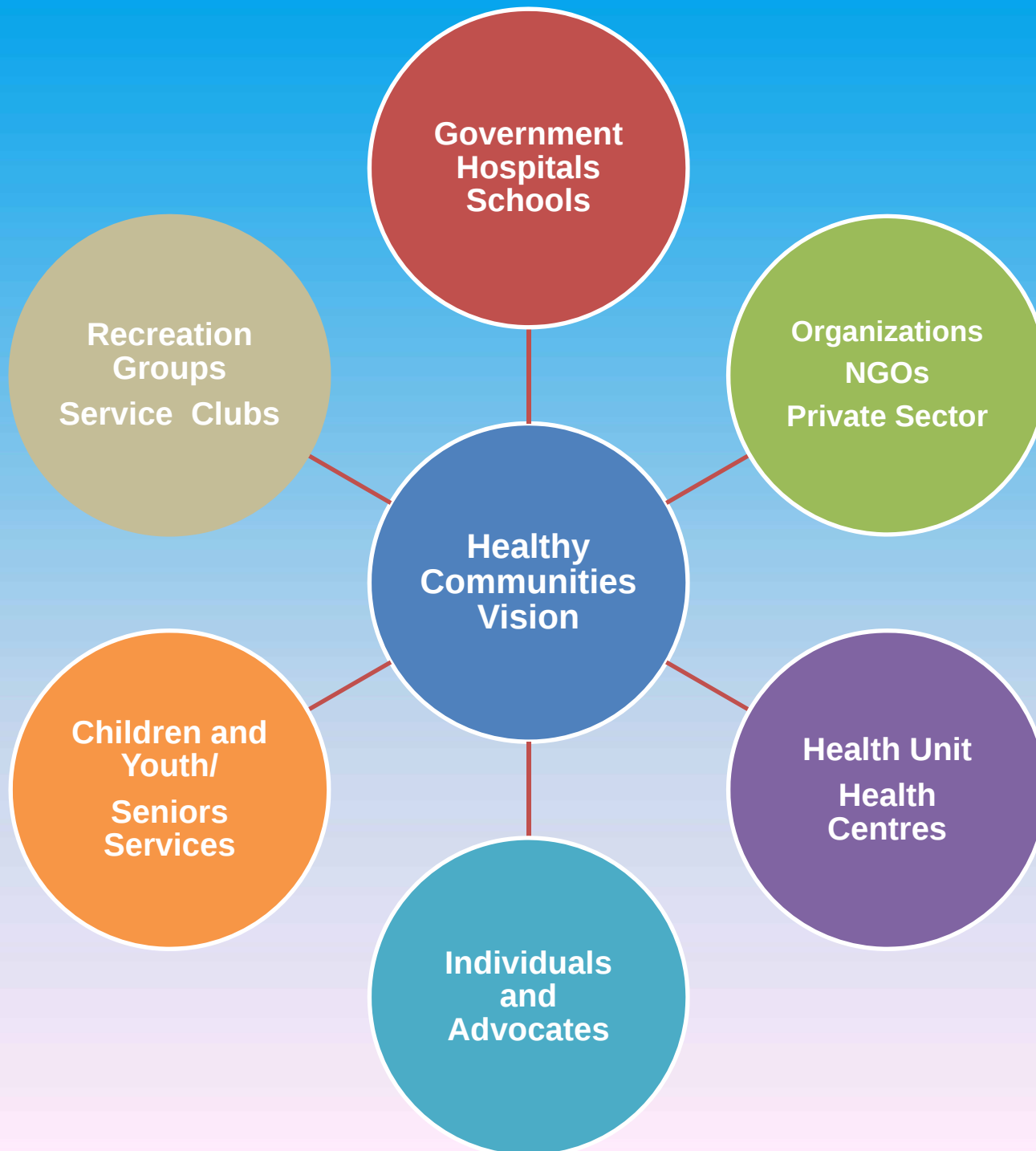
- Specific vision for each of the six topic areas
 - Each one has an Individual and Community focus
- Everyone can contribute
- For endorsement by: e.g. Board of Health, Municipalities, CHCs, School Boards, organizations, individuals, those interested



Why Endorse?

- Support healthy choices
- Respond to interest of residents
- Economic benefits – less absenteeism, innovation, less use of health care system
- Working together makes change happen
- Recognition of Contributions
 - e.g. FoodCorellg, MDS, Smoking Bylaws, Welcoming Communities, CHC's, Organizations, Collaboratives





Municipalities

- Presentations to municipalities
 - Endorse Healthy Communities Vision
 - Complete Healthy Communities Asset Inventory Tool (Physical Activity and Healthy Eating)
 - Report to Municipal Council
 - Summary report of participating municipalities
- Resources to support municipal initiatives



Municipal Asset Inventory

- Physical Activity
 - Programming – Facilities
 - Built Environment
 - Accessibility
- Healthy Eating
 - Internal practise
 - Programs – Policies
 - Community Partnerships



Municipal Asset Inventory

- Based on other initiatives
 - AMO - Best Practices in Local Food
 - Ontario Provincial Planning Institute
 - Ministry of Transport - Active **Transportation**
 - Parks and Recreation Ontario
- Electronic survey
 - Takes 30-40 minutes to complete



Municipal Asset Inventory

- Provide a report to the municipality
 - Identify strengths and assets
 - Spark ideas for low/no cost activities
- Support from HCP for new initiatives – resources, training
- Public Health Nurse
- Summary report will facilitate sharing of exciting initiatives among municipalities



Healthy Community Video

Questions?

